

ANISE (YANSOON) HERBALS

- **Anise** is well known as a carminative and expectorant. Its ability to decrease bloating and settle the digestive tract. In high dose, it is used as an antispasmodic and an antiseptic and for the treatment of cough, asthma, and bronchitis.
- **Health Benefits:** Rich in nutrients, particularly rich in Iron, which is vital for the production of healthy blood cells in your body. May reduce symptoms of depression. Could protect against stomach ulcers. Prevent the growth of fungi and bacteria. May balance blood sugar levels.

PACKING DETAILS

Pallet Capacity	90 Box
Pills in the box	32 Pcs
Packing Type	Carton
Available Packing	25 Sachets
Shelf-Life	1 year
Pack Language	English & Arabic



NUTRITION FACTS:

Serving size 1 tea cup	
Calories	22
% Daily Value	
Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat	
Cholesterol 0mg	0%
Sodium 1mg	0%
Total Carbohydrates 3g	1%
Dietary Fiber 1g	4%
Sugars	
Protein 1g	
Vitamin A	0%
Calcium	4%
Vitamin C	2%
Iron	13%

INGREDIENTS:

Anise (Yansoon) Herbals

WAY OF USE:

Put a bag in a cup (150ml) then pour the pure boiled water and leave it from 3-5 minutes.

Can be drink either hot or warm

It is preferable to keep the bag within the glass even during drinking so as to get maximum concentration of active materials.

STORAGE AND HANDLING

Store in cool and dry place.